

BADMINTON (21.1)

Badminton Canada Rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules. (Note: The Rally Point Scoring System is now in effect.)

NBIAA Modifications:

1. The white Mavis 300 is the Official Badminton shuttle of the NBIAA and will be used for all NBIAA competitions.

Continuous Play (As per Badminton Canada Rules)

- 16.1 Play shall be continuous from the first service until the match is concluded, except as allowed in Laws 16.2 and 16.3.
- 16.2 Intervals:
 - 16.2.1 Not exceeding 60 seconds during each game when the leading score reaches 11 points; and
 - 16.2.2 Not exceeding 120 seconds between the first and second game, and between the second and third game shall be allowed in all matches.
- 16.3 Suspension of play
 - 16.3.1 When necessitated by circumstances not within the control of the players, the tournament manager may suspend play for such a period as the tournament manager may consider necessary.
 - 16.3.3 If play is suspended, the existing score shall stand and play shall be resumed from that point.
- 16.4 Delay in play
 - 16.4.1 Under no circumstances shall play be delayed to enable a player to recover strength or wind or to receive advice.
 - 16.4.2 The umpire shall be the sole judge of any delay in play.

Use of protective glasses

Athletes are recommended to wear protective glasses at all times while participating.

Conference Play - Each school is allowed four (4) entries per category – girls' singles, boy's singles, girl's doubles, boy's doubles and mixed doubles. Top four (4) from each category advance to regional play. A player may participate in 3 different events. League play is to be finished the weekend prior to regionals.

Regional Play - Eight (8) entries (four (4) per conference) in each category.

Schedule - A Single Elimination - Consolation Format will be used.

Top four (4) from each category advance to the provincial tournament.

First round draw -	Top Bracket	1S	vs	4W
		3S	vs	2W
	Bottom Bracket	1W	vs	4S
		3W	vs	2S
Same arrangement for the North East				

BADMINTON

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The 5th ranked player may be an alternate ranked fourth, if a seed is unable to attend the Provincials.

If a region does not have 4 entries per category, no additional entries can be added from the other region.

All doubles play that earn a position in Regionals or Provincials may provide a substitute if a player gets injured (medical evidence must be provided) or has a personal tragedy. Substitutes must be registered as a team member with the NBIAA and must have competed at the Regionals to advance to the NBIAA Provincials. The injured player will be eliminated from competition.

Provincial Tournament

Eight (8) entries (four (4) per region) in each category.

First round draw -	Top Bracket	1SW	vs	4NE
		3SW	vs	2NE
	Bottom Bracket	1NE	vs	4SW
		3NE	vs	2SW

Entry Fee: The NBIAA will set the entry fee for the Regionals and the Provincial Championship. Fees - \$3.00 per athlete per event.

Format

Single Elimination / Consolation. Championship side play: Best 2 of 3 games.

Games shall be 21 points.

Consolation play: one game of 21 points.

Scoring

1st - 7 points	3rd - <u>3</u> points
2nd - 5 points	4th - <u>1</u> point

Championships

The NBIAA Championships will be held on the third Saturday of April (with exceptions made around the Easter holiday).

Team championships will be declared in both Junior and Senior divisions for all classifications. Individual medals will be awarded to the 1st and 2nd place in singles, doubles and mixed doubles.

Junior-aged players may play in the junior divisions or the senior divisions but not in both.

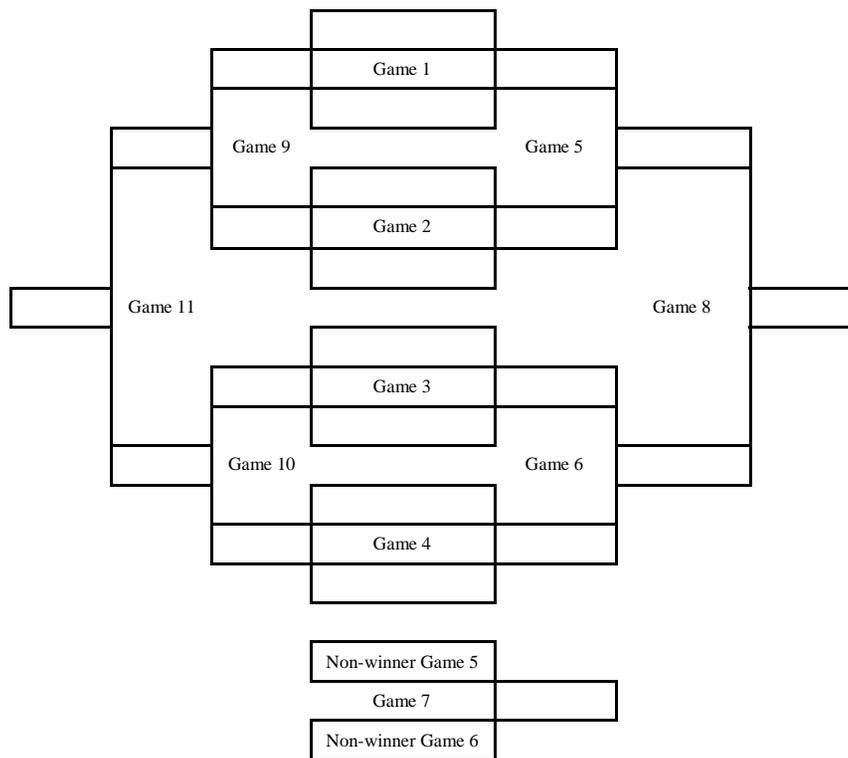
If there is a tie for first place in the Provincial Meet, the tie will be broken in the following manner:

- The team with the highest number of first place finishers will be declared the winner.
- If there is still a tie, the team with the highest number of second place finishers will be declared the winner.
- The process will continue in declining order until the tie is broken.

Schedule:

Friday Evening	6:00 P.M.	Singles
Saturday	9:00 A.M.	Doubles and Mixed Doubles

Regional / Provincial Draw Format



Winner Game 8	1st	_____
Non-winner Game 8	2nd	_____
Winner Game 7	3rd	_____
Non-winner Game 7	4th	_____
Winner Game 11	5th	_____

Financial: Regional and Provincial net Profits: 30% to NBIAA, 70% to host school. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

BASEBALL (21.2)

Baseball Canada rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

NBIAA Modifications:

1. The NBIAA game ball shall be the Rollings ROML.
 2. The game shall consist of seven (7) innings.
 3. For conference league play only, a tied game will be permitted for 1 point.
 4. Wooden bats are to be used in all NBIAA competitions.
- * There is no re-entry rule.

Pitch Count: The NBIAA has adopted the rules governing pitch count in the Midget Division of Baseball Canada.

Rules Governing the Pitcher:

- a) Any player on the team is eligible to pitch, and there are no restrictions to the number of pitchers a manager may use in a game.
- b) Pitchers shall be permitted to have 2 appearances in the same calendar day. If a pitcher requires a rest following 1st appearance, they cannot return in the same calendar day.
- c) Pitcher cannot pitch 3 consecutive days unless a pitcher's first 2 days combined does not exceed 40. If pitcher's day 1 + day 2 exceeds 40, they require at least 1 days' rest. Pitcher cannot pitch 4 consecutive days. One (1) days rest is needed.
- d) Pitchers and managers shall follow the following guidelines:

No. of pitches	Rest required
1-40	None
41-55	1 day
56-70	2 days
71-85	3 days
86-105	4 days
105	Maximum

- e) The Home Team will calculate the total pitches thrown for that calendar day and determine the required rest starting the next calendar day. Athletes must not exceed the maximum pitch count total for that day. After each game the Home Team scorekeeper will fill out the pdf charts and these will be sent to the Conference / League Chair. These charts MUST be sent by email or fax within 24 hours.
- f) Once a player assumes the position of pitcher, they cannot catch for the remainder of the day.
- g) Pitchers will be permitted to finish the batter if his or her maximum pitch limit has been reached for that calendar day.
- h) Intentional Walks will be included in Pitch Count totals.
- i) Required Rest shall be defined in "Days" starting at 12:01am and ending at 11:59 pm of the next calendar day.
- j) If a game continues past 12:01am, those pitches are counted as if pitched prior to midnight. If a game is suspended, when it resumes it is defined as a different day.

k) A pitcher who is removed from the mound during a game shall not be permitted to return to pitch in the same game, even if the pitcher is retained in the game at another position.

8.06 (c) The manager or coach may make a 2nd visit to the mound while the same batter in at bat in order to remove the pitcher.

Pitch count violations: Any violation of any part of the pitch count rule, the result is the Head Coach is ejected from the current game and receives an additional game suspension.

Number of Games Permitted

A team shall be limited to **12** games (including all exhibition, controlled scrimmage, tournament and league play.) All games in the regionals and provincials shall not be counted in the 12 game limit.

Special Provisions:

1. NBIAA/ASINB Championships to be held on the second Saturday in October - Game Time: 10:00 A.M.
2. If only one field is available:

10:00 AM	Host Region #1	vs	Guest Region #2
1:00 PM	Host Region #2	vs	Guest Region #1

 Championship Game: 30 minutes after Game 2.
 If two fields are available, both games will be held at 10:00 AM with the championship game at 2 PM.
3. The higher seed team is the home team. If both #1 teams meet in the finals, the home team will be decided by a coin toss.
4. Baseball and softball are not to be categorized as parallel programs; therefore girls are eligible to participate.

Tie-Breaking Rule for play - The NBIAA Tie-Breaking Policy will be used.

Suspended Game during Conference, Regional and Provincial Play

- a) A suspended game shall be resumed at the exact point of suspension of the original game. The completion of a suspended game is a continuation of the original game.
- b) A game ending with the score tied will be treated as a suspended game providing it is a legal game (4 1/2 or 5 innings).
- c) Suspended games shall be replayed as soon as possible.

10 Run Rule

A baseball game shall end any time after five innings, or after four and one-half innings when a team is 10 or more runs behind and has completed its turn at bat.

Schedules

Each Region will develop its own schedule as provided for in the NBIAA By-laws. The schedule must be approved by the Executive Director.

League play is to be finished the weekend prior to regionals.

Umpires

Only rated New Brunswick Amateur Baseball Umpires shall be used in all league games.

Protests

In the event of a question or a protest during a Regional or Provincial Tournament, the decision of the Tournament Director shall be final. The Tournament Director will base his decision on the NBIAA operating By-laws.

Regular season protests, if any, will be handled as indicated in the NBIAA Handbook.

Financial: Regional and Provincial net Profits: 10% to NBIAA, 30% to host school and 60% to be divided between all participating teams. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

Ejections

All names of players and coaches ejected from a game must be reported to the school principal. A player or coach ejected from a game for disciplinary measures shall be suspended from the remainder of that game and the next scheduled game (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach(es) is suspended from the next scheduled game, excluding exhibition games.

BASKETBALL (21.3)

F.I.B.A. rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

NBIAA Modifications:

1. Players – There is no limit to the number of players that may be dressed for a game.
2. The game shall have a ten (10) minute halftime.
3. The NBIAA game ball shall be the Wilson Evolution (Size 7 - Male, Size 6 - Female).
4. The “old” FIBA 3 point line will remain in effect: 6.25 meters or 20’ 6”.
5. The FIBA rectangular key has been adopted as the standard key and will be used when available. The old trapezoidal key may be used if it is all that is available.
6. The no-charge semi-circle will not be enforced.
7. The shot clock will be reset to 24 seconds (not 14 seconds) on an offensive rebound.

Season

The season begins on November 10th or the 2nd Friday in November, whichever comes first, until the conclusion of the Provincial Tournament. Schools which win the right to host a regional tournament, may host regardless of the court size in their schools. League play is to be finished the weekend prior to regionals.

Use of Mouth Guards

The use of mouth guards for all players is strongly recommended.

Number of Games Permitted

A senior team shall be limited to **32** games (including all exhibition, control scrimmage, tournament and league play). All games in the regionals, provincials and Final ‘12’ shall not be counted in the 32 game limit.

A junior team shall be limited to **28** games (including all exhibition, control scrimmage, tournament and league play). All games in the regionals and provincials shall not be counted in the 28 game limit.

Regional Tournaments

Where necessary, Regional Tournaments (for Regions that do not have interlocking schedules) will be played the weekend before the Junior Provincial Tournaments and the weekend before the Senior Provincial Sectionals. The Regional host will be the #1 ranked team in their conference.

BASKETBALL

BASKETBALL

JUNIOR BASKETBALL REGIONAL TOURNAMENT FORMAT– 6 teams

Pool A: Host #1, Guest #2, Host #3 Pool B: Guest #1, Host #2, Guest #3

Game	Time	Home	Guest
1. Fri.	10:00 AM	Host Conference #2	Guest Conference #3
2. Fri.	11:45 AM	Guest Conference #2	Host Conference #3
3. Fri.	2:00 PM	Guest Conference #1	<u>Loser Game 1</u>
4. Fri.	3:45 PM	Host Conference #1	<u>Loser Game 2</u>
5. Fri.	6:30 PM	<u>Guest Conference #1</u>	<u>Winner Game 1</u>
6. Fri.	8:15 PM	<u>Host Conference #1</u>	<u>Winner Game 2</u>
7. Sat.	10:00 AM	<u>Pool A #1</u>	<u>Pool B #2</u>
8. Sat.	11:45 AM	<u>Pool B #1</u>	<u>Pool A #2</u>
9. Sat.	4:00 PM	<u>Loser of Game 7</u>	<u>Loser of Game 8</u>
10. Sat.	5:45 PM	<u>Winner of Game 7</u>	<u>Winner of Game 8</u>

Note: The top three (3) teams per region advance to the Junior Championships.

Junior Championships will be held on the fourth full weekend before March Break (March Break is Monday to Friday as defined as per the Department of EECD Calendar).

Junior Basketball Format for Provincial Championships - 6 Teams

Pool A: Host #1, Guest #2, Host #3 Pool B: Guest #1, Host #2, Guest #3

Friday's Games:

Game One:	Host Region #2	vs	Guest Region #3	10:00 AM
Game Two:	Guest Region #2	vs	Host Region #3	11:45 AM
Game Three:	Guest Region #1	vs	Loser Game 1	2:00 PM
Game Four:	Host Region #1	vs	Loser Game 2	3:45 PM
Game Five:	Guest Region #1	vs	Winner Game 1	6:30 PM
Game Six:	Host Region #1	vs	Winner Game 2	8:15 PM

Saturday Games:

Game Seven:	Pool A #1	vs	Pool B #2	10:00 AM
Game Eight:	Pool B #1	vs	Pool A #2	11:45 AM
Championship:	Winner of Game 7	vs	Winner of Game 8	3:00 PM

SENIOR BASKETBALL REGIONAL TOURNAMENT FORMAT

Game	Time	Home	Guest
1. Fri.	<u>6:00 PM</u>	Host Conference #2	Guest Conference #3
2. Fri.	<u>8:00 PM</u>	Guest Conference #2	Host Conference #3
3. <u>Sat.</u>	<u>10:00 AM</u>	Guest Conference #1	Winner Game 1
4. <u>Sat.</u>	<u>12:00 PM</u>	Host Conference #1	Winner Game 2
5. Sat.	<u>4:00 PM</u>	Loser Game 3	Loser Game 4
6. Sat.	<u>6:00 PM</u>	Winner Game 3	Winner Game 4

Note: Losers of first two (2) games are eliminated.

Winner of Game 6 hosts NBIAA Sectional next weekend. Winner Game 5 attends same sectional. Losers of games 5 and 6 go to other sectional.

If a school ends up hosting a Jr. Championship, as well as a Senior Regional, the NBIAA office will determine the schedule.

Senior Provincial Sectionals will be held the third full weekend before March Break (March Break is Monday to Friday as defined as per the Department of EECD Calendar).

Schedule

1. Eight (8) teams, four (4) from each region.
2. Two sectional tournaments, composed of 1 & 3 from one region and 2 & 4 from the other, shall be played to determine the two finalists. The tournaments will be hosted by the two regional winners.
3. Championship game will be played as part of the Final '12' on the following weekend.

Format for Hosting Single Provincial Sectional:

Friday's Games:

Game One:	Second Seed	vs	Third Seed	6:30 P.M.
Game Two:	First Seed	vs	Fourth Seed	8:15 P.M.
Saturday's	Championship Game:			1:00 P.M.

Format for Hosting a Double Provincial Sectional:

Friday's Games

Game One:	Second Seed	vs	Third Seed (G)	2:00 P.M.
Game Two:	Second Seed	vs	Third Seed (B)	4:00 P.M.
Game Three	First Seed	vs	Fourth Seed (G)	6:00 P.M.
Game Four:	First Seed	vs	Fourth Seed (B)	8:00 P.M.

Saturday's Games

Girls Championship:	1:00 P.M.
Boys Championship:	3:00 P.M.

Final 12

Schools participating must have a school staff representative present at the game.

Finances

1. Regionals & Sectionals - net profits will be divided as follows: 10% to the NBIAA, 30% to the host school and 60% to all participating teams based on the number of games played.
2. Final '12' – An amount of up to \$500 per team will be given to participating schools and the remainder of the profits going to the NBIAA.
3. No entry fee will be charged for the Final '12'.
4. Senior and Junior Regionals, Junior Championships & Senior Provincial Sectionals:
 - a) Entry fee will be charged based on number of games teams play.
 - b) Profits will be divided (pro-rated) among participating teams.
 - c) Admission fees must be charged.

5. The NBIAA will not cover any deficits.
6. The NBIAA will set the admission price per session. Please refer to O.R. 6.3.
7. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

Ejections

All names of players and coaches ejected must be reported to the school principal. Players and coaches ejected from a game shall be suspended from the remainder of the game and the next scheduled game (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach(es) is suspended from the next scheduled game, excluding exhibition games.

CHEERLEADING (21.4)

The New Brunswick Cheerleading Rules and Resource Guide (NBCRRG) will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

A minimum of one NBIAA registered cheerleading coach per school MUST be *International Cheer Union (ICU)* credentialed to a minimum of level 2 in all disciplines (stunts, tosses and tumbling) and MUST be present with the team during all cheerleading related activities (i.e.: practices, games, competitions etc.).

A minimum of one credentialed coach or advisor from each school must attend one Coaches Safety Clinic.

Rules and Guidelines

Cheerleading teams will be limited to the rules and stunt guidelines as set forth by the NBIAA and NBIAA. These rules and guidelines will be reviewed at the fall and winter Coaches Safety Clinics and will be available to all coaches in the NBCRRG.

Team Personnel Form

Schools may register as many students as they desire. Individuals wearing the school mascot costume must be included on the cheerleading team personnel form. If a student is registered on the fall exhibition team and on the winter team, the insurance fee is only charged once.

FALL EXHIBITION TEAM

The purpose is to support your school's sport teams in the fall (football, soccer, etc). The fall season cannot be used solely as prep time for the winter competitive season.

Start Date - Tryouts and practices can begin three (3) weeks prior to the fall start date. Please refer to O.R. 18.13.

Stunt Limitations - Fall exhibition teams will be limited to basic / intermediate stunting up to and including two-footed double based extensions. Note: All one footed extended skills / dismounts, backward dismounts, basket tosses and elevator tosses are not permitted during this season.

WINTER EXHIBITION or COMPETITIVE TEAM

Teams that choose to operate in the winter season must decide if they wish to operate as an exhibition team or a competitive team. The purpose of an exhibition team is to support your school's sport teams in the winter. The purpose of a competitive team is to compete at the Provincial Championship and may also support other winter sport teams at their school.

Start Date - Tryouts and practices can begin on November 10th or the second Friday in November, whichever comes first. Please refer to O.R. 18.3.

Stunt Limitations - For the winter season teams, stunts may not exceed two people high. Further rules are covered in NBCRRG.

Team Composition for Competition

A team may consist of twenty-five (25) or fewer members. Gender designation not applicable.

Invitational Competitions

Winter Competitive Teams have the option of competing at any Invitational Competition which follow the NBIAA guidelines.

Provincial Championship

1. Winter Competitive Teams must compete at the NBIAA Provincial Championship, which will be held on the second Saturday of May.
2. The New Brunswick Cheerleading Association Executive Committee consisting of the President and all representatives will coordinate the Provincial Championship.
3. A set location for a number of years shall be established for the Provincial Championship. The facility shall be centrally located with adequate space and be accessible to hotels, motels, eating establishments and must be able to hold as many spectators that wish to attend.
4. Entry Fees will be charged to schools to cover the cost of the facility rental (where applicable) and judges.
5. Admission fees will be charged, please refer to O.R. 6.3.
6. Six (6) neutral judges will be engaged to officiate at the Provincial Championship, consisting of four (4) table judges and two (2) technical judges.
7. There will be a call back of the top 4 teams to perform their routine a second time and that the two scores be added together for a total to arrive at the actual winner.

Participation in other Activities

Teams, with permission from their principals, may participate in other activities, but they do so without NBIAA accident and liability insurance.

Financial: The host school of the NBIAA Championship will divide net profits as follows: 10 % to the NBIAA, 30 % to the host school and 60 % to all participating teams. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

CROSS COUNTRY (21.5)

Athletics Canada Rules will be used unless special rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

Registration Fees

There are **four** categories (Sr. Boys, Jr. Boys, Sr. Girls & Jr. Girls) of competition and four Provincial Championship banners are presented. Medals will be awarded to each championship team and for 1st, 2nd and 3rd place in each category. The registration fee is \$10 per athlete per category to a maximum of **\$50** per category, PLUS the NBIAA insurance fee per athlete.

Meet Entry Fee: The NBIAA will set the Championship Meet entry fee is \$5 per athlete.

Special Provisions:

1. Team - A cross country team shall consist of **4 and a maximum of 7 runners**. The top 4 to count in the team's scoring. Individual runners are eligible to compete - 3 or less. NBIAA Junior registered athletes must compete as Juniors and cannot compete in the Senior category.
2. Scoring – Scoring shall be as shown in the following table:

	1 st Place	2 nd Place	3 rd Place	4 th Place	5 th Place	6 th Place	
Points	1	2	3	4	5	6	Etc.

All competitors who finish the race shall be ranked and tallied in accordance with the above table. The team score shall then be determined by totalling the points scored by the First Four finishers of each team. The team which scores the smallest number of points is the winner.

In the event of a tie, it shall be resolved in favour of the team whose last scoring member finished nearer the first place.

While the fifth, sixth and seventh finishers of a team do not score points toward their team's total, their place if better than those of any of the first four of an opposing team, result in an increased score for that team.

3. Categories and Distances:

Boys	Girls
Senior 5,000 m.	Senior4,000 m.
Junior4,000 m.	Junior3,000 m.

4. **Regional Regulations:**

The top five (5) runners from the top four (4) teams, plus individual runners up to 32 total runners from each category (Sr. Boys, Jr. Boys, Sr. Girls & Jr. Girls) per region will qualify for the Provincial Championships. A total of 32 runners (teams plus individuals) in each category per region will advance. All athletes must compete in the Regionals to advance to the NBIAA Provincial Championships.

CROSS COUNTRY

5. **Provincial Regulation:**

Eight (8) entries (four (4) per region) and eight (8) individuals (four (4) per region) in each category.

N-E Teams:	Sr. Boys	Jr. Boys	Sr. Girls	Jr. Girls
	1	1	1	1
	2	2	2	2
	3	3	3	3
	4	4	4	4
N-E Individuals:	Sr. Boys	Jr. Boys	Sr. Girls	Jr. Girls
	1	1	1	1
	2	2	2	2
	3	3	3	3
	4	4	4	4
S-W Teams:	Sr. Boys	Jr. Boys	Sr. Girls	Jr. Girls
	1	1	1	1
	2	2	2	2
	3	3	3	3
	4	4	4	4
S-W Individuals:	Sr. Boys	Jr. Boys	Sr. Girls	Jr. Girls
	1	1	1	1
	2	2	2	2
	3	3	3	3
	4	4	4	4

6. The NBIAA/ASINB Championships will be held on the third Friday or Saturday of October. The entry fee per player will be set by the NBIAA.
7. A school identified uniform/jersey is required when competing.
8. No iPods or other electronic devices may be worn by competitors during the race. Hats are prohibited during competition except for the wearing of winter caps due to cold weather.
Competitors shall not wear jewelry during competition. The following are exceptions: medical-alert medals, religious medals and a watch.
9. A course walk must be held at the Regional and Provincial events. The course walk will be at 10:30 A.M., with the first Race at 12:00 P.M. (recommended - 90 minutes between the course walk and first race).
10. The NBIAA online registration list as of the Saturday before the NBIAA Regionals is the official school entry. **NO CHANGES CAN BE MADE AFTER THIS DAY.**
11. Financial: The financials after the operating costs (net profits) will be divided as follows: 30% to NBIAA and 70% to host school. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

CROSS COUNTRY

FIELD HOCKEY (21.6)

Field Hockey Canada Rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

Special Provisions:

1. A team shall be limited to 18 games (including all exhibition, controlled scrimmage, tournament and league play). All games in the regionals and provincials shall not be counted in the 18 game limit.
2. All games shall consist of two thirty (35) minute halves.
3. Teams may dress an unlimited number of players.
4. The tie-breaking procedure, as adopted by Field Hockey Canada, shall be used in NBIAA Regional & Provincial competition.
5. The wearing of mouth guards and shin guards are compulsory. Any player found in the game without a mouth guard or shin guards shall be suspended from the game (without substitution) until a mouth guard and/or shin guards are secured. The NBIAA strongly recommends the wearing of Field Hockey safety glasses/face mask.
6. Goal Keepers shall be required to wear helmets and masks.
7. Each team is allowed one (1) time out per half.
8. All names of players and coaches ejected from a game must be reported to the school principal. Players and coaches ejected from a game shall be suspended from the remainder of the game and the next scheduled game (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach(es) is suspended from the final of that event.
9. All league standings will follow the NBIAA operating regulation: 3 pts. for a win, 1 pt. for a tie and 0 pts. for a loss.
10. In Regional league play (interlocking), the top two teams based on league standings would advance to the Provincials.
11. The NBIAA Championships will be held on the last Saturday in October. It is recommended that turf fields be used for the championship event. Entry Fees will be charged to schools to cover the cost of the facility rental (where applicable) and the officials. Admission fees must be charge, please refer to O.R. 6.3.

Saturday's recommended schedule: (to be approved by the NBIAA)

Game One: 10 A.M. Host Region #1 vs Guest Region #2

Game Two: 12:00 P.M. Guest Region #1 vs Host Region #2

Championship Game: 3:00 P.M.

If two fields are used:

Game One and Game Two at 10 A.M.

Championship Game: 2:00 P.M.

12. Financial: The host school will divide net profits as follows: 10% to the NBIAA, 30% to the host school and 60% to all participating teams. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

FOOTBALL (21.7)

Football Canada Rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

Rules Modifications

1. The official game ball is the Wilson F2000.
2. Weather regulations: If a game is stopped due to weather, the following procedures will be in effect: If it occurs in the first half than no team is declared the winner. Both teams will receive one (1) point. If it occurs in the second half then the team that is ahead will be declared the winner.
3. The over-time rule will be as in the Football Canada Rules for tackle football.
4. No tinted visors are allowed.
5. Video tapes and Communication Equipment - No team shall gain an unfair advantage through the use of videos or communication equipment.
 - a) Teams must provide equal and safe vantage points as they are using. An opponent may waive their right to tape from the vantage point. Teams do not have to provide video taping equipment to their opponent.
6. Minor Officials - Timers and Stick Crews - All teams will provide qualified minor officials to attend a mini seminar.
7. Coaches Technical Time Out - A CTTO is for the sole purpose to inquire in an application of the referees' interpretation of a call. The CTTO must be called before the ball has been whistled in for the next play. One per half. No carry over from half to half. One CTTO per overtime. Teams must huddle and no communication can be made to any player. Penalty: Objectionable Conduct - Loss of 10 yards. Upon a CTTO both coaches, one from each team, will come to a neutral area with the head official and line umpire. Neither coach may argue the point. Penalty: Loss of further CTTO and loss of 10 yards, where it is the second half and there can be no further loss of CTTO the team shall be penalized 15 yard.
8. The team's bench extends from the 15 to 45 yard line and is no closer than 2 yards from the sideline.
9. Football New Brunswick "Head Out Of The Game" Unnecessary Roughness Penalty will be in effect for the 2016 season.*

Special Provisions

1. Date of first practice: No earlier than three weeks before the first day of school.
2. No games against other teams can be held before the first day of school.
3. Schools will be allowed to play football exhibition controlled scrimmage the weekend prior to the first day of school.

Guidelines:

 - a) No team will scrimmage for more than the time allowed for regular game.
 - b) Involvement of special teams will be modified to include kick off.

kick-off return, punt, punt return, and extra point and field goal and the play will end where the ball lands.

- c) Certified officials must officiate the game.
- d) Coaches may be on the field.
4. Season – The season, inclusive of all play-off games, shall end no later than the **second Saturday** in November. Spring team practices are not allowed.
5. Number of Games – A team shall be limited to **10** games (including all exhibition, controlled scrimmage, tournament and league play). All games in the regionals and provincials shall not be counted in the 10 game limit.
6. All names of players and coaches ejected from games must be reported to the school principal. Players and coaches ejected from a game shall be suspended from the remainder of the game and the next scheduled game (exhibition, conference, regional or provincial).

Registration Information

1. All teams must register with the NBIAA by June 1.
2. Team players' list are due by September 20th and team fees invoiced by the NBIAA.
3. A copy of a school's team roster is to be sent to NBHSFL no later than 24 hours prior to the first regular season game.
4. NBHSFL fees are due 3 weeks after the first regular season game. The NBHSFL dues are based on an even division of the calculated total official costs during the regular season. The official costs after the regular season will be divided only among the participating teams. NBHSFL fees are only to cover the officials costs during the season and do not include the banquet or AGM expenses. The NBHSFL fees are to be sent directly to the NBHSFL President.
5. Additions to team rosters can be made up to two weeks before the league playoffs. Late fees will be charged in accordance with the NBIAA by-laws.

Financial Obligations to the NBIAA

The revenue after expenses will be divided as follows:

Semi-Finals & Provincial Championships - 10 % to the NBIAA, 40 % to the visiting team and 50 % to host team.

The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

Admission Prices to NBIAA Quarter-Finals, Semi-Finals and Finals

The NBIAA will set the admission prices (where there are secure facilities) in the quarter-finals, semi-finals and the finals. Admission fees must be charged, please refer to O.R. 6.3.

Championship Games

The Championship Finals will be held on the second Saturday in November.

Coaching Certification

All head coaches will be required to take the NCCP Safe Contact course before the start of the 2016 season and all other coaches will be required to

take this course by the start of the 2017 season. It is highly recommended that the head coach should have at least completed the NCCP Competition - Introduction Part A. Completion of the NBIAA Coaching Certification Course is mandatory for all registered members on the coaching staff prior to the beginning of the football season, see OR 15.B.

Sanctioning Procedures: Please note Article 3 of the NBIAA's By-Laws.

League Structure

Football will be structured into two different categories - 12 A-Side Football and 10 A-Side Football. League play is to be finished the weekend prior to regionals.

Playoff Format

The quarter finals to stay within region SW & NE in the 12 A-Side Division. The top 4 teams will advance to playoffs.

Semi-final - cross over - highest seeded winners from each region will host the semi-final game.

The 10 A-Side League playoffs will have 1st and 2nd receive a first round bye. 6th @ 3rd, 5th @ 4th

Provincial Semi-finals

12 A-Side League – 2NE @ 1SW and 2SW @ 1NE

10 A-Side League – Lowest remaining team @ 1st place team
2nd lowest remaining team @ 2nd place team

Tie-Breaking System for Play

The NBIAA Tie-Breaking Policy will be used.

Ejections

All names of players and coaches ejected must be reported to the school principal. Players and coaches ejected from a game shall be suspended from the remainder of the game and the next scheduled game (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach(es) is suspended from the next scheduled game, excluding exhibition games.

JV Football

Junior Varsity Football is not a sanctioned NBIAA activity. Such promotion can lead to the incorrect assumption from different quarters that the competitions are NBIAA activities. School administrators are responsible for informing their students on the status (sanction / unsanctioned) of athletic competitions advertised / promoted within their building.

Pre-Season Practice Recommendation

The first six (6) days of practice should be used for physical conditioning according to the following provisions. During the first three (3) days, headgear, T-shirts, shorts, and football shoes constitute an acceptable dress and no other football attire should be worn. On days four, five, and six, complete football uniforms may be worn, but ABSOLUTELY no body to body contact should be permitted. Practice during this six-day period should

be limited to two hours a day, excluding flex time (stretching) and breaks. This conditioning week should include callisthenics, kicking, throwing, running, and similar exercises. Arm shields, tackling or blocking dummies, charging sleds or similar devices could be used during these six days. If a student is late coming out for the team, he should still undergo six days of physical conditioning as outlined prior to beginning regular practice and workouts.

Contact Practice

Teams should begin “contact” drills the day following the six days used for physical conditioning. Only one-a-day contact sessions should be conducted. A player should participate in at least eleven (11) separate days of practice, five of which should be in pads, before participating in a football contest or scrimmage with outside competition.

Schools must be sure to follow the New Brunswick Physical Education and Safety Guidelines which state that ‘there must be a minimum of 72 hours between athlete participation in any regulation football games (e.g., between club competition and interschool competition or between interschool competitions).’

* FNB “Head Out Of The Game” Unnecessary Roughness Penalty

1. Any SIGNIFICANT contact delivered TO THE HEAD OR NECK AREA of an opponent with the helmet, facemask, forearm, shoulder or hands shall be ruled as unnecessary roughness.
2. Any SIGNIFICANT contact by a player with their HELMET to an opponent either in attempting a tackle or a block shall be ruled as unnecessary roughness.

For the purpose of this rule, INTENT is NOT a factor when considering if it is a foul or not. The responsibility lies solely with the player initiating the hit or tackle to avoid the contact to the head and neck area.

Penalty: 1st Offence: Team A 15 yards DR

Team B 15 yards, automatic first down for team A.

2nd Offence by SAME PLAYER:

Team A 15 yards DR

Team B 15 yards, automatic first down for team A.

Referee will tell the head coach that next infraction by that player will result in a disqualification.

3rd Offence by SAME PLAYER:

Team A 25 yards DR, player ejected from game.

Team B 25 yards DR, automatic first down, player ejected from game.

Exceptions:

1. Straight arm by ball carrier - A ball carrier is permitted to make contact to the helmet, facemask, or neck area of an opponent attempting to make a tackle with their hand provided that there is **no thrusting motion** of the arm involved in making the contact to the head or neck area. After the hand is in contact with the potential tackler a pushing action is permitted to ward of the tackler. The hand may be on the facemask but must not grasp the facemask.
2. Short yardage plunge - A ball carrier may plunge head first toward a gap when attempting to gain a first down or a play at the goal line, either attempting to score or get out of the end zone. An opponent attempting to stop the runner may make unavoidable contact to the head or neck area of the runner due to the position the runner has assumed to gain the required distance, this contact shall not be considered a foul unless it involves SIGNIFICANT helmet to helmet contact. A short yardage play of this nature does not permit the ball carrier to lower their helmet and target a potential tackler with their helmet.

GOLF (21.8)

The Royal Canadian Golf Association Rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

Special Provisions:

1. A team shall consist of **four** players (minimum) and up to **six** players (maximum) for Regional and Provincial play.
2. For purposes of calculating team standings, the lowest **four** gross scores shall be used.
3. In conference competition, at the discretion of the Tournament Manager a school may enter more than six players, but the six players comprising the team **must** be named before play begins.
4. A player found to be taking liberties of the rules shall be disqualified.
5. Female golfers will tee off from the female tee.

Conduct

Conduct considered detrimental to the best interest of the game, or be coming of a contestant, either on or off the golf course, and coming to the attention of the Tournament Manager, will be dealt with and can result in disqualification of the offending person(s).

Dress Code

Acceptable

Boys – Shirts with collars and sleeves, slacks, golf shorts or walking shorts are considered appropriate attire.

Girls – Slacks, golf shorts, medium length shorts, golf shirts and blouses are considered appropriate attire.

Shoes

Appropriate non-metal spike golf shoes, tennis shoes or sneakers are required on the golf course. Other types of shoes are prohibited.

Unacceptable

Boys – Tank tops, tee shirts, cut-offs, sweatpants, blue jeans, bathing suits, tennis shorts or other athletic shorts are not permitted. Any item of clothing that advertises an alcohol product or a product, which is not in ‘good taste’ is not permitted.

Girls – Halter tops, tee shirts, bathing suits, sweatpants, blue jeans, tennis dresses, athletic shorts or cut-offs are not permitted. Any item of clothing that advertises an alcohol product or a product, which is not in ‘good taste’ is not permitted.

Recording scores

The marker (player) should verbally check the score with the competitor and record it. After completion of the round, the competitor should check their score for each hole and settle any doubtful point with their playing partner (marker). He / she must ensure that both players have signed the score card and return it to the organizing committee as soon as possible.

Team Tie-Breaker Procedure

If a tie for the team title exists after 18 holes at the provincial tournament, or fourth place at the conference or regional level, the winner will be determined by using the scores of the 5th player on the tied teams.

Regional Play

Four (4) teams from each conference + any individual (s) in the top four in conference play whose team(s) failed to qualify for regional play. Shot gun starts are permitted in all conference, regional and provincial play.

Provincial Play

Four (4) teams from each region + any individual (s) in the top four in regional play whose team (s) failed to qualify for provincials.

The NBIAA banners will be presented to the first place school in each category (A, AA & AAA). Medals will be awarded to each championship team and to the 1st, 2nd and 3rd place for individual golfers per category.

The NBIAA Championships will be held on the Friday or Saturday in October of the Thanksgiving weekend.

Season

Fall - Regional and Provincial tournaments are to be scheduled on Saturdays whenever possible.

Note:

The Rules of Golf were amended to permit the use of mechanical and electronic range-finding devices on the course as long as distance is the only metric being displayed. Technology which provides other information (such as inclination or wind data) remain illegal.

HOCKEY (21.9)

The Canadian Hockey Association (CHA) Rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

Special Provisions:

While the rules governing the conduct of hockey shall be provided by Hockey Canada (HC); a number of modifications outlined below shall take precedence over HC rules.

NBIAA - MODIFICATIONS

1. All coaching staff of hockey teams must be certified by the NBIAA and must wear CSA approved helmets during on-ice practices for insurance purposes.

2. High school hockey shall be administered with the following dates:

September 20: tryouts begin (all players must sign the Waiver & Release Liability cards before they tryout)

October 15: Date to register or withdraw from hockey with the NBIAA.

October 20: Teams can start exhibition games/tournaments, which count towards the game limit.

November 10 or the second Friday in November, whichever comes first : league play begins (No team involved in a fall sport provincial championship is forced to play on this date.)

November 15: Team personnel forms are to be submitted online through the Hockey Canada Registry (HCR).

December 15: Deadline for bench staff to take the HNB certification for Respect in Sport & the University Safety Course. If team personnel is not certified, they will not be able to coach until they have taken and passed the course(s).

January 15: Deadline to add an associate player with HNB.

February 1st: Deadline for late additions to team personnel form.

Number of Games Permitted – A team shall be limited to 40 games (including exhibition, jamboree, tournament and league play). All games in the regional and provincial playoffs shall not be counted in the 40 game limit. * The minimum guaranteed games per team at a tournament will count towards the season limit.

If you have playoffs that are best 2 out of 3, 2 games count and if they are best 3 out of 5, 3 games count.

The league playoffs for girls and boys must be completed by the Sunday prior to the Regionals. The provincial championships will be held one week later.

3. High school teams shall be permitted to dress 20 players for a game, if 20 players are dressed two (2) must be goaltenders. Players designated as Goaltenders shall also be permitted to play any other position.

4. Association between the NBIAA and HNB will be as follows:

- Female – NBIAA can associate to the following female HNB teams – Bantam C, Bantam A, Bantam AAA, Midget C, Midget A, Midget AAA.

- Female – HNB female registered PeeWee C, PeeWee A, Bantam C, Bantam A, Bantam AAA, Midget C, Midget A players can associate to the NBIAA.

*In Districts where all-Female teams are not offered, female players playing on mixed gender teams will be permitted to be associated to NBIAA female teams (AAA teams are not included).

- Male – NBIAA can associate to Junior C, Junior B, goalies to Junior A and as a pilot project for the 2016-2017 season Major Midget AAA.
- Male – Bantam AA, Bantam A, Bantam B, Midget AA, Midget A, Midget B and Midget C can associate with NBIAA.
- In the event of extenuating situations, other associations may be allowed within the geographical sub-division on a case by case basis approved by HNB and NBIAA.

Players will be able to associate for a maximum of 10 games. Games being defined as league play and play-offs and would exclude tournaments and exhibition games. All association rules would follow Hockey Canada (Regulation E) and HNB Guidelines.

If a player takes part in any Hockey Canada registered Seniors, Juniors, Major Midget AAA (association exception) on December 1st or later, he is ineligible for NBIAA hockey for the remainder of the season.

- The registration procedure is as follows: Each high school team must register using the NBIAA Online System and submit the team roster using the HCR prior to their first league game, but no later than midnight of November 15. Before they tryout, all players must sign the Waiver & Release Liability cards, which can be found online. No WAIVER and RELEASE LIABILITY cards of a player who is under 18 at the time of registration will be deemed valid unless countersigned by their parent or guardian. The WAIVER and RELEASE cards MUST be kept by the School Principal.
The NBIAA will invoice each school to pay the team registration and insurance fees. The school will issue a cheque payable to the NBIAA.
- Every team MUST have a staff advisor or designated staff personnel at all home games and are encouraged for playoffs, regionals and championships. The staff advisor's name(s) must be submitted using the NBIAA online system by November 15th.
- The NBIAA will only use NBHOA officials to officiate NBIAA games. For all regular season games, playoffs, regionals and championships, 4 officials must be used for boys and 3 officials must be used for girls. Goal judges will not be used for any NBIAA playoffs, Regional or Provincial and must be a certified official.
- Time out rule: One 30-second time-out per period will be permitted (including OT). A request for a time-out can only be made by the Captain, Alternate captains or coaches to the referee. This request cannot be refused by the referee.
- Protective Equipment: In all games, warm-ups and practices a CSA approved helmet and facemask and a BNQ throat protector must be worn by all players and goalkeepers. All goalkeepers must wear a throat

protector that is attached to the facemask.

- All NBIAA exhibition tournaments must be registered with the NBIAA 3 weeks before the tournament. Tournament managers must submit copies of all tournament game sheets to the Commissioner and the Hockey Coordinator.
- A coach or manager must submit all game sheets to his/her league coordinator.
- The playing time for all boys games will be three (3) 20 minute stop time periods and the playing time for all girls games shall be three (3) 15minute* stop time periods. *In leagues where possible and may play up to 18 minutes (which must be determined at the start of the season).
- The higher seed team is the home team. If both #1 teams meet in the finals, the home team will be decided by a coin toss.
- Overtime: Overtime games in league play will be as follows: 1 five (5) minute overtime period consisting of four on four players. If there is a winner they receive 2 points and the loser receives one (1) point. Each will receive one (1) point if it is still tied. In Provincial Playoffs, the overtime procedure will follow the Hockey Canada rules. (Girls – 15 minute period)
- The recommended minimum number of players dressed for a game be eleven (11) players including one goaltender.

Regional Format - To be determined by each league coordinator and approved by the NBIAA.

Provincial Play-Off Format - The NBIAA Championships will be declared by a Round Robin Tournament Format with the top two teams advancing from each region.

	Boys	Girls	Recommended Times & Schedule
Friday	4pm	5pm	Host region 2 vs Guest region 1
	7pm	7pm	Host region 1 vs Guest region 2
Saturday	9am	10am	Guest region 1 vs Guest region 2
	12pm	12pm	Host region 1 vs Host region 2
	5pm	5pm	Host region 2 vs Guest region 2
	8pm	7pm	Host region 1 vs Guest region 1
Sunday	1pm	1pm	Championship Game

Play in March Break - Each league will decide if they will play over March break and the decision will be determined prior to the schedule being sent out.

Conference Leagues' Responsibilities

Leagues MUST declare their two top seeded teams by the Sunday prior to the Regionals. Failing to do this, the Executive Director will declare the two top teams in League Play as the conference representatives that will advance to provincial play.

Financial Obligations to the NBIAA

Admission must be charged to all spectators attending the Regionals and Provincial Hockey Championships. Provincial ticket prices per session - \$6/adults, \$4/students (13 and over), \$20/adult tournament pass. A session consists of two games (Friday, Saturday morning, Saturday evening and

Sunday final). School season passes are not honored at NBIAA Regionals or Championships.

In boys and girls hockey regional tournament formats / provincials, 10% of profits shall be forwarded to the NBIAA, the host school will receive 30% of the profits and the remaining 60% will be divided (pro-rated) upon all participating teams. All teams including the host will pay their share of the game fees.

The NBIAA remittance must be submitted by **April 15** of each year with the Financial Rebate Form. **Failure to do so will result in a \$1000 fine.**

Sanctioning Procedures

All schools must receive sanction by the NBIAA to play non-member teams. All schools must send their schedules to the NBIAA office. The sanctioning procedures of the NBIAA are clearly stated in **Article 3 of the NBIAA By-Laws**. A special **NBIAA hockey sanction form** is available on the NBIAA Hockey website.

Schools competing in international tournaments against non-member schools must pay a sanction fee of \$50 and they must submit all their tournament game sheets to the NBIAA office immediately following the tournament.

Schools are reminded not to plan exhibition games or tournaments until they have received proper sanction.

NBIAA Member Tournaments

All tournaments involving NBIAA member schools must be registered with the NBIAA office three (3) weeks before the tournament date. The league coordinator/chair of the host team must be notified as well. The NBIAA will not sanction tournaments that are not registered on time.

Registration and Insurance Fees (Invoiced by the NBIAA)

Team Registration: \$200 (Boys & Girls)

Insurance Fees: \$55 per player; \$30 per coach *and bench staff*

Any additions to the team roster after the deadline will be assessed a late fee of \$100 plus insurance per player. All additions must be made by February 1st.

* Extenuating circumstances (i.e. goaltender injury) will be given special consideration.

HOCKEY

HOCKEY

NBIAA Hockey – Guidelines for Suspensions

Hockey Canada rules are to be enforced for all games with the following modifications:

1. Copies of all notices of suspension must be sent to NBIAA Executive Director, *Hockey Commissioner, school Athletic Director & Principal, Male or Female Hockey Coordinators, NBIAA Conference President and HNB.*

2. A player or coach ejected from a game, or a game of a match, for disciplinary measures shall be suspended from the remainder of that contest and the next played scheduled game or match (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach(es) is suspended from the next scheduled game, excluding exhibition games. Any further disciplinary action should come from the Conference Disciplinary Committee or the Executive Committee.

Any player, coach, manager, trainer or team official who incurs a suspension cannot participate in any played games (league, playoff, exhibition or tournament) in any capacity (i.e. coaching, officiating, playing, etc.) until such suspension has been served. Athletes can remain practicing and coaches cannot coach in any capacity until that suspension has been served. No additional competitions may be added to a team's schedule until after the suspension has been served. Team personnel may not participate / communicate with his/her team before a game / match, between periods, at half-time or after a game while serving a suspension. Such action will result in an additional suspension to the coach. If a coach is ejected from a contest and an assistant coach or an assigned school representative is not available to continue as coach, the event is terminated and forfeited to the opponent.

3. Hockey Canada playing rule 28 f. (stick infraction rule) applies in NBIAA High School hockey. Three (3) stick infractions in a game calls for a game ejection. For the purpose of applying this rule the 5 stick penalties are: High Stick, Cross Check, Slashing, Butt-ending and Sparring.

4. Any 10 minute misconduct issued following the completion of the game shall warrant a one game suspension.

5. All home team coaches **MUST** fax game sheets (legible and signed by officials) to the League Coordinator within 24 hrs or no later than the next school day. Failure to submit will result in the levying of an administrative fee of \$25 per game sheet, which stays within each conference.

6. Suspensions will be handed down by the league coordinator for any games involving teams and tournaments in their conference.

7. All suspensions begin immediately and include the next played "scheduled" high school sanctioned exhibition, league, tournament and/or play-off games.

8. Suspended players / team officials must be noted on the game sheet during the games comprising the suspension.

9. The NBIAA will honour all suspensions levied under the jurisdiction of Hockey New Brunswick.

Minimum Guidelines for Suspensions		Accumulative Major Suspensions		
HC Rule No.	Infraction	1st Offence	2nd Offence	3rd Offence
4.5	<u>3rd</u> 10 Minute Misconduct - season	<u>1 game</u>	<i>Doubles with each subsequent: 4th=2 games, 5th=4 games, etc.</i>	
4.5 C	Second 10 Minute Misconduct – Same Game	1 game	3 games	Indefinite
4.6 C	Game Misconduct - Last ten minutes	<u>1 game</u>		
4.7	Gross Misconduct - Bench personnel	4 games	8 games	Indefinite
4.7 A	Gross Misconduct - discriminatory grounds	4 games	8 games	Indefinite
4.7 B	Gross Misconduct - Travesty of the game	4 games	8 games	Indefinite
4.8	Match Penalty	Indefinite until further review		
4.8	Hooking (match)	Indefinite until further review		
6.1	Attempts to Injure or Deliberate Injury - Match penalties	Indefinite until further review		
6.1 A	In any manner not otherwise covered	Indefinite until further review		
6.1 B	Head-Butting	4 games	8 games	Indefinite
6.1 B	Head-Butting (Match)	Indefinite until further review		
6.1 C	Kicking	Indefinite until further review		
6.1 D	Pulling hair or grabbing face mask / helmet/ chin strap	<u>2 games</u>	<u>4 games</u>	Indefinite
6.1 D	Pulling hair or grabbing face mask / helmet/ chin strap (Match)	Indefinite until further review		
6.1 E	Using facial protection as weapon	Indefinite until further review		
6.1 F	Slash, High Stick, Cross Check, Spearing, Butt-end	Indefinite until further review		
	In addition to the minimum suspension, a player accumulating 2 match penalties under 6.1, 6.2, 6.3 in the same season for any of the above infractions	4 games		
6.2 A	Boarding	1 games	3 games	Indefinite
6.3 A	Charging	1 games	3 games	Indefinite
6.3 B	Charging Goaltender	2 games	4 games	Indefinite
6.4 A	Checking from Behind	2 games	4 games	Indefinite
6.4 A	Checking from Behind (Match)	Indefinite until further review		
6.4 B	Hit in any manner from behind (Match)	Indefinite until further review		
6.5 B/D	Head Contact	2 games	4 games	Indefinite
6.5 E	Head Contact (Match)	Indefinite until further review		
6.6 A/B	Elbowing / Kneeing	2 games	4 games	Indefinite
6.7 A/C/G/I	Fighting *Indefinite suspension on 4th offence	3 games	5 games	Remainder of season; *
6.7 B	Instigator or Aggressor of a fight	2 games	Indefinite	
6.7 E	Wearing material to inflict injury	Indefinite until further review		
6.7 H	Second Fight- Same Stoppage of Play	3 games		
6.7 H	Player(s) 2nd, 3rd, 4th man into fight	4 games		
7.1	Holding	1 game		
7.2	Hooking	1 game		
7.3 A-E	Interference from the Bench	2 games	4 games	Indefinite
<u>7.4 A</u>	<u>Tripping</u>	<u>1 game</u>		

<u>7.4 B</u>	<u>Slew Footing</u>	<u>1 game</u>		
<u>7.4 B</u>	<u>Slew Footing (Match)</u>	Indefinite until further review		
8.1	Butt-Ending (Match)	Indefinite until further review		
8.2 A/B/C	Cross-Checking	2 games	4 games	Indefinite
8.2 D/E	Cross-Checking (Match)	Indefinite until further review		
8.3 A/B	High Stick	2 games	4 games	Indefinite
8.3 C	High Stick - Match	Indefinite until further review		
8.4 A/B	Slashing	2 games	4 games	Indefinite
	Any player receiving 2 major penalties in the same season, for any of the above infractions - 1st offence: 3 major penalties would be the 2nd offence and 4 major penalties would be the 3rd offence	2 games	4 games	Indefinite
	Any team that receives 2 <u>or more</u> major penalties in the same game, for any of the above infractions, the coach receives the 1st offence; the 2nd violation the coach will receive the 2nd offence and the 3rd violation, the coach will receive the 3rd offence. <u>Coordinators must consult with the NBIAA Hockey Commissioner prior to awarding coach suspensions.</u>	1 game	3 game	Indefinite
8.4 D	Slashing (Match)	Indefinite until further review		
8.5	Spearing (Match)	Indefinite until further review		
	Harassment of Officials, Unsportsmanlike Conduct/Misconduct	3 Games	6 Games	Indefinite
9.2 A	Unsportsmanlike Conduct - Player/Coach	3 games	5 games	Indefinite
9.2 B	Harassment / Abuse of officials - players	3 games	5 games	Indefinite
9.2 B	Harassment / Abuse of officials - coach/officials	4 games	8 games	Indefinite
9.2 F	Game Misconduct - Discriminatory Grounds	Indefinite until further review		
9.5 A	Leaving bench or penalty bench for purpose of a fight	5 games	Indefinite	
9.5 B	Leaving bench or penalty bench during a fight	4 games	Indefinite	
	The coach of the team whose player is penalized for being the first to leave the players bench or penalty bench during a fight or start a fight.	3 games		
9.5 C	Any player who leaves the players' bench or penalty box during a fight and is assessed a Major or Misconduct penalty for his actions shall also incur an automatic Game Misconduct penalty.	4 games	Indefinite	
	The coach whose player left the players or penalty bench during a fight and is assessed a Major or Misconduct penalty	3 games		
	The coach whose player left the players or penalty bench, but is not identified as the first to leave the bench during an ice altercation (rule 9.5 C)	2 games		
	The coach of a team whose player is penalized for a 3rd offence of Instigator or Aggressor	3 games		
9.5 F	Team Official getting on the ice - Game Misconduct	3 games		
9.5 I	Game Misconduct - Coach fails to hold bench at end of game when penalties are being called	1 games	2 games	Indefinite
9.6 A	Physical Abuse of Officials - Match Penalties	10 Games	20 Games	Indefinite
9.6 B/C	Physical Abuse of Officials - Match Penalties	Indefinite until further review		
9.7	Spitting (Match)	Indefinite until further review		

RUGBY (21.10)

Rugby Canada Rules will be used under the guidelines set down for the Under Nineteen Division unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

Special Provisions:

1. The required minimum number of players dressed to start a game must be fifteen (15) and ten (10) for rugby 7s.
2. For 15s, teams must have a minimum of twenty (20) players registered for competition, but the NBIAA strongly recommends registering twenty-five (25) or more players. For 7s, teams may register twelve (12) players for each tournament in league play or playoffs.

Length of Game: Rugby 15s games consist of two 35-minute halves (70-minute games) with at least a five (5) minute break between halves. Rugby 7s games consist of two 7 minute halves with a 2 minute break between halves and the exhibition final games will consist of two 10 minute halves. Players are only permitted to play a maximum of 80 minutes per day and 48 hours between full regulation games.

No overtime is played in regular season matches. (See below for playoff format)

The completion of ½ of a rugby match constitutes full time if the referee decides to halt the match for safety. The team with the most points at the completion of the ½ will be considered the winner. This does not include a team forfeiting the remainder of a game. Sanctions are set down by the NBIAA for any team failing to complete a match.

Weather Policy: See Appendix in NBIAA Handbook.

Number of Games Permitted: A rugby 15s team shall be limited to **12** games (including exhibition, control scrimmage, tournament and league play.) All games in the regionals and provincials shall not be counted in the 12 game limit. A rugby 7s team shall be limited to 6 exhibition tournaments, excluding the exhibition finals.

Tie-Breaking Format for League Standings: The NBIAA Tie-Breaking Policy will be used.

Tie-Breaking Procedure (at the Conclusion of a Playoff Game)

There is no overtime in regular season play.

In the event of a tie after regulation in a play-off match the U-19 tie-breaking procedure will be used.

- The team scoring the higher number of tries shall be deemed the winner.
- The team scoring the higher of goals (converted ties) shall be deemed the winner.
- If a tie still exists, the team scoring the higher number of drop goals shall be deemed the winner.
- If a tie still exists, the team scoring the higher number of penalty goals shall be deemed the winner.
- If there is still a tie, each team shall nominate five kickers to kick at goal from the 22 metre line. The kickers from each team will alternate. All

RUGBY

RUGBY

kickers will kick. The team that scores the higher(est) number of successful kicks out of five, will be designated a higher(est) place.

- If there is still a tie, kicks will be taken from a position, a further ten metres from the posts. The competition shall continue until one kicker in the series succeeds where the opposition misses. The team whose kicker has recorded the successful kick out of this pair shall be designated the higher(est) place.
- The kicking competition shall be repeated until a winner is declared.

League points system: Points will be awarded for play on the following basis: Win - 3 points; Tie - 1 point; Loss - 0 points

Substitutions: Unlimited substitutions are permitted. Substitutions shall be made only when the ball is dead and with the permission of the referee.

Equipment: a) All players must wear full fit interior mouth guards.
a) All other players' clothing will be as stated in the IRB's Law 4 (Players' Clothing). (IRB—International Rugby Board)

Disqualifications: Any player ordered off the field shall be suspended from the team's next scheduled match. Names of all players suspended must be reported to the school principal.

Pre-Season : Due to the nature of the sport of rugby and the length of the season training sessions should begin in February. Players must be physically ready to participate in contact drills and have participated in at least 10 full contact physical training sessions.

Schedule: The league is composed of two Regions : North/East and South/West. The scheduling will depend on number of teams registered. For rugby 7s, league play shall consist of tournaments involving all teams within the conference/region and will follow a round robin format.

Regional Play: In Regional league play (interlocking), the top two teams based on league standings would advance to the Provincials.

Semi-Finals: to be played the Sunday prior to provincials.

Provincial Championship Game: The site will be alternated between the North-East and South-West winner. The Championship Match will be played on the first Friday of June with a start time of 5:00 PM or 5:30 PM if possible. The schedule must be sent to the NBIAA for approval.

Financial - The Semi-Finals and Provincial Championships must charge admission fees, please refer to O.R. 6.3. The revenue after expenses will be divided as follows: 10 % to the NBIAA, 40 % to the visiting team and 50 % to host team. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

Ejections: All names of players and coaches ejected must be reported to school principal. Players and coaches ejected from a game shall be suspended from the remainder of the game and the next scheduled game (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach(es) is suspended from the next scheduled game, excluding exhibition games.

SOCCKER (21.11)

The F.I.F.A. rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

NBIAA Regulations:

1. Number of Games Permitted – A senior team shall be limited to **20** games (including exhibition, control scrimmage, tournaments and league play.) All games in the regionals and provincials shall not be counted in the 20 game limit. A junior team shall be limited to **18** games (including exhibition, control scrimmage, tournaments and league play.) All games in the regionals and provincials shall not be counted in the 18 game limit.
2. Length of Game - Two (2) thirty-five minute halves with a 10-minute rest between halves.
3. Tie-Breaking – Where required (league playoffs, regionals, provincials), if the score is tied at the end of regulation time, two (2) *ten*-minute periods of overtime play shall be played in its entirety. If the score is still tied at the end of overtime, the winner shall be decided by taking of kicks from the penalty mark in accordance with the FIFA Laws of the Game.
4. Substitutions - Unlimited
5. Number of Players Dressed for a Game - Unlimited
6. A player receiving a **Red Card** in the semi-final of a Provincial Tournament, shall be suspended from the final game of that tournament.
7. A soccer match will be declared official if a minimum of **fifty-five (55)** minutes have been played.
8. Weather Policy: See Appendix in NBIAA Handbook.
9. All league standings will follow: 3 pts. for a win, 1 pt. for a tie and 0 pts. for a loss. League play is to be finished the weekend prior to regionals.
10. Officials - Every attempt shall be made to have three (3) qualified officials for all Conference, Regional and Provincial Playoffs.
11. Students registered in the SNB Soccer Academy shall not be eligible for competition in NBIAA sanctioned soccer events for that school year. However, these students remain eligible to represent their school in any other NBIAA sport, while following the NBIAA transfer policy. Schools, students and families who choose sport specific academies must understand that in doing so, they forego the opportunity to participate in soccer offered through the NBIAA.
12. **Regional Play:** The final game cannot be played sooner than 90 minutes after the completion of the semi-final game, unless mutually agreed upon by both coaches.

The format for Regional soccer games using one field is as follows:

Game 1: 10 A.M.	Host Conference #1 vs. Guest Conference #2
Game 2: 12 P.M.	Guest Conference #1 vs. Host Conference #2
Game 3: 3:30 P.M.	Winner of game 1 vs. winner of game 2

SOCCKER

SOCCKER

If two fields are used:

Game 1 and Game 2 at 10 A.M.

Game 3 at 2 P.M.

13. **NBIAA Junior Soccer Championships** will be held the last Saturday in October.
14. **NBIAA Senior Soccer Championships** will be held on the first Saturday in November.
15. **Championship Schedule:**
If two fields are available, then the Championship schedule on Saturday will be as follows:
Start time for semi-finals: 10:00 A.M.
South West #1 vs North East #2 North East #1 vs South West #2
Championship Game: 2:00 P.M.

If one field is available, then the host region will play the first game and the *two-day* schedule will be as follows:
Game 1: Saturday 12:00 P.M. (Semi-final)
Game 2: Saturday 2:00 P.M. (Semi-final)
Championship Game: Sunday 11 A.M.

If both #1 teams meet in the finals, the home team will be decided by a coin toss.
16. **Financial:** The Regionals and Provincial Championships must charge admission fees, please refer to O.R. 6.3. The host school will divide net profits as follows: 10% to the NBIAA, 30% to the host school and 60% to all participating schools. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

Ejections: Each conference shall keep track of red and yellow cards. A player that receives 2 yellow cards in one game equals 1 red card and will be suspended the rest of that game and the next game. A player who receives 3 red cards will be suspended for an additional game (i.e. two game suspension). A player receiving a 4th red card will be suspended for the balance of the season. A player receiving 4 yellow cards will receive a 1 game suspension; 5th yellow card a 2 game suspension, a 6th yellow card suspended for the balance of the season. The NBIAA has agreed to adopt these changes.

All coaches are to report names of players who receive “red cards” and names of players who receive a series of “yellow” cards to their school’s principal and NBIAA Conference President. Players and coaches ejected from a game shall be suspended from the remainder of the game and the next scheduled game (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach (es) is suspended from the next scheduled game, excluding exhibition games.

SOFTBALL (21.12)

Softball Canada Rules will be used unless special playing rules are put forth by the NBIAA (Midget Division*). In this case the NBIAA rules will take precedence over any other rules.

Special Provision:

1. The distance from home base to the pitcher's plate shall be forty (43) feet.
2. The distance between bases shall be sixty (60) feet.
3. The required minimum number of players dressed to start a game must be eleven (11). No more than eighteen (18) players shall be in uniform for any one game.
4. The use of metal cleats are prohibited.
5. Number of Games Permitted - A team shall be limited to 15 games (including exhibition, control scrimmage, tournaments and league play.) All games in the regionals and provincials shall not be counted in the 15 game limit.
6. For conference league play only, a tied game will be permitted for 1 point.
7. The higher seed team is the home team. If both #1 teams meet in the finals, the home team will be decided by a coin toss.
8. Scoring runs: The first 4 innings are capped at 5 runs per half inning of play, the last 3 innings are open.
9. The NBIAA game ball shall be the yellow 12 inches in circumference WORTH Red Dot Hot Seam Fastpitch Softball.
 - Midget - Ball - 30.48 cm (12") Pitching - 13.1064 m (43') Baselines - 18.3 m (60') Fences - Min - Max. - 61.0 m - 64.0 m (200' - 210')

The NBIAA Tie- Breaking Policy will be used for all play.

League play is to be finished the weekend prior to regionals.

10 Run Rule

A softball game shall end any time after five innings, or after four and one-half innings when a team is 10 or more runs behind and has completed its turn at bat.

Regional Play

No Regional Tournament is necessary when an interlocking schedule is used. Competition must decide the number one and two seed. In Regional league

SOFTBALL

SOFTBALL

play (interlocking), the top two teams based on league standings would advance to the Provincials.

Regional Format using one field :

- | | |
|-------------------|--|
| Game 1: 10 A.M. | Host Conference #1 vs. Guest Conference #2 |
| Game 2: 12 P.M. | Guest Conference #1 vs. Host Conference #2 |
| Game 3: 2:30 P.M. | Winner of game 1 vs. winner of game 2 |

If two fields are used:

- | |
|------------------------------|
| Game 1 and Game 2 at 10 A.M. |
| Game 3 at 2 P.M. |

Provincial Championship Format

The NBIAA Championships will be held on the second Saturday in October.

Saturday's Schedule

	Field #1	Field #2
10:00 AM - AA Semi-Final	SW #1 vs NE #2	SW #2 vs NE #1
11:30 PM - AAA Semi-Final	SW #1 vs NE #2	SW #2 vs NE #1
1:30 PM - AA Championship Game		
3:00 PM - AAA Championship Game		

These are recommended times, which may be adjusted for fields with lights.

The higher seed team will be the home team. Regional Tournaments or Regional play will be used to decide provincial participants. The **rain date** will be Sunday.

Financial: Regional and Provincial net Profits: 10% to NBIAA, 30% to host school and 60% to all participating schools. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

SWIMMING (21.13)

The Swimming/Natation Canada Rules will be used unless special rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules. Schools must be sure to follow the New Brunswick Safety Guidelines for Secondary Interscholastic Athletics regarding all athletes & coaches.

NBIAA Regulations:

1. The NBIAA Championships will be held in the second week in December.
Start Time: 10:00 A.M.
2. Regional Swim Meets will be held at least two (2) weeks before the NBIAA Championships.
3. Regional and Provincial hosts must be determined by October 1st.
4. Registration of Teams:
There are **four** categories (Sr. Boys, Jr. Boys, Sr. Girls & Jr. Girls) of competition and two Provincial Championship banners are presented (*Senior & Junior*). Medals will be awarded for 1st, 2nd and 3rd place in each event. The registration fee is \$10 per athlete per category to a maximum of **\$50** per category, PLUS the NBIAA insurance fee per athlete.
5. Regional Regulations
 - a) Each school may enter **two (2)** athletes per individual event and one team per relay in each classification.
 - b) A swimmer may enter a maximum of **four (4)** events including relays.
 - c) The top **six (6)** swimmers from each level and event will qualify for the Provincial Championships and they can only swim in what they qualify for.
 - d) Swimmers **must** compete in the Regionals to advance to the NBIAA Championships.
 - e) Relays: Schools do not have to qualify their relay teams for the Provincials, but all members of the relay teams must be made up of swimmers who have participated in an event in the regionals.
 - f) All events are "Timed Finals".
 - g) No deck entries will be accepted.
 - h.) The Fees will be set by the NBIAA.
6. Provincials and Regionals Order of Events:
 - All para and Special Olympic events will be grouped together (Jr./Sr.-Boys/Girls) unless number of participants warrants division. Events are exhibition only.

	Event	
1	200 MR	2
3	200 Free	4
5	100 Breast	6
7	50 Fly	8
9	100 Free	10
11	100 Free Para & S. O.	12
13	50 Back	14
15	50 Back Para & S. O.	16
17	100 IM	18
19	100 Back	20

SWIMMING

SWIMMING

21	50 Free	22
23	50 Free Para & S. O.	24
25	100 Fly	26
27	50 Breast	28
29	50 Breast Para & S. O.	30
31	200 FR	32
33	4x50 Mixed Free Relay	34

7. NBIAA Championship Regulations
There will be two heats (Timed Finals). The top 6 regional swimmers will be placed in one heat and the next 6 regional swimmers will be placed in the other heat. All relays will be Timed Finals
8. Entry forms, with swimmers' times and Meet Fees, must be received by the Regional Meet Manager seven (7) days before the Regionals. The provincial entries, including relays and Meet Fees, must be in the hands of the NBIAA Meet Manager at least seven (7) days before the NBIAA Championships.
9. Relay Injury Factor: Coaches who have a relay athlete injured may apply to the NBIAA for permission to substitute another athlete. The substitute must have participated in the Regional Meet. The application must be signed by the school principal.

10. Scoring:

Points shall be awarded for the first six places, as outlined below.

Individual Events		Relays	
Place	Points	Place	Points
1	7	1	14
2	5	2	10
3	4	3	8
4	3	4	6
5	2	5	4
6	1	6	2

11. If there is a tie for first place in the Provincial Meet, the tie will be broken in the following manner:
 - The team with the highest number of first place finishers will be declared the winner
 - If there is still a tie, the team with the highest number of second place finishers will be declared the winner.
 - The process will continue in declining order until the tie is broken.
12. Minor Officials: It shall be the responsibility of each school entered to provide to the Regional and Provincial meets one person to act as a minor official under the direction of the Chief Official.
13. Financial: All Regionals and Provincials Meets must charge admission fees, please refer to O.R. 6.3. Regional and Provincial net Profits: 30% to NBIAA, 70% to host school. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

TRACK & FIELD (21.14)

Athletics Canada Rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

The NBIAA Track & Field Championships will be held the first Saturday in June. The Regional Track & Field Meets will be held one week before the Championships.

Special Provisions:

The following modifications of rules shall apply at the Provincial and Regional Meets:

1. Competitors: No competitor shall compete in more than three (3) individual events. Relays shall be considered separate from the individual events. A school identified uniform/jersey is required when competing.
2. Entries: Each school shall be allowed to enter up to three (3) athletes per event in the regionals. Each school shall be permitted one (1) team entry per relay. Students will compete in the senior division or the junior division.

Registration of entries for Regional meets will be online through Athletics New Brunswick linked to the NBIAA web site.

The Special Olympic category will be exhibition.

3. Ineligible Competitors: An ineligible athlete competing in a Regional or Provincial Meet shall be disqualified and any points earned by that athlete shall be eliminated.
4. Regional Meets: The top eight (8) athletes in each event (except High Jump) at the Regional Meet shall qualify to advance to the Provincial Meet.
5. Scoring: Eight (8) places shall count in the scoring of all events* on the following basis and shall be on a school basis only:

First Place	9 points
Second Place	7 points
Third Place	6 points
Fourth Place	5 points
Fifth Place	4 points
Sixth Place	3 points
Seventh Place.....	2 points
Eighth Place	1 point

*For Para events, points will be awarded as long as there are two athletes competing in the same event.

6. Awards: Banners shall be awarded to the first place school in each category of school (AAA, AA & A). Medals will be awarded for 1st, 2nd and 3rd place in each event. If there is a tie for first place in the Provincial Meet, the tie will be broken in the following manner:
 - The team with the highest number of first place finishers will be declared the winner
 - If there is still a tie, the team with the highest number of second place finishers will be declared the winner.

TRACK & FIELD

TRACK & FIELD

- The process will continue in declining order until the tie is broken.
7. Coaches: Coaches must not be on the track, behind or in front of the starting line when a race is started. In the case of field events, coaches must remain outside the competition area and on the outside of the track. Such infraction may lead to the disqualification of the athlete involved and/or the expulsion of the coach from the meet site.
 8. Athletes: Athletes who are not ready for an event when the official in charge is prepared to start shall be disqualified. No iPods or other electronic devices may be worn by athletes during a race.
 9. Number of Attempts in the Field Events: For all Throws and Horizontal Jumps the following rules shall apply:
 - a) Regional Qualification Meets: All competitors shall be given the required three (3) attempts with the top eight (8) athletes advancing to the Provincial Meet. No additional attempts are required. Should a tie exist at the end of the qualification round, all athletes tied for the last position shall advance.
 - b) Provincial Meet: For all Throws and Horizontal Jumps all athletes shall have three (3) qualifying rounds with the top eight (8) advancing to the final rounds. All athletes tying for the eighth spot advance.
 - c) High Jump: At the Regional Meet all athletes achieving the qualifying height only shall advance to the Provincial Meet.
 10. Track Events:
 - a) Regional Meets: All track events are timed finals. The top eight (8) athletes qualify for the Provincial Meet.
 - b) Provincial Meet:
 - i) In sprints up to and including 200 meters, semi-finals shall be run with a minimum of six (6) athletes qualifying for the final as per IAAF rules.
 - ii) In other races, 400 meters to 3000 meters inclusive, races shall be run as timed final sessions.
 - iii) All races except the 100 and 200 meter finals shall be seeded based on results from the Regional Qualifying Meets.
 11. Relays: No relays will be run at Regional Meets. Only athletes competing in Regionals may participate on relay teams at the NBIAA Championships. Juniors run in junior relays and seniors run in senior relays.
 12. False Starts: Any competitor making a false start shall be warned. Only one false start per race shall be allowed without the disqualification of the athlete(s) making the false start. Any athlete(s) making further false starts in the race shall be disqualified from the race.
 13. The use of starting blocks is not mandatory for NBIAA races.
 14. The Meet Director shall prepare for distribution a program for the Provincial Meet which will include a seeding list of competitors, a final schedule with approximate start times, a current list of records, and any other information which may be helpful.
 15. Supervision: Each school shall name a responsible person to act as coordinator (Manager) for athletes representing the school at the Regional

and Provincial Meets. Where possible, each coach will accompany his/her own athletes.

16. Records: Only a record achieved at the Provincial Meet shall count as a provincial interscholastic record if all requirements for records as stated in the official rules have been met.
17. Minor Officials: It shall be the responsibility of each school entered to provide to the Regional and Provincial Meets two (2) persons to act as minor officials under the direction of the Chief Official.
18. Financial: The Provincial Championships must charge admission fees, please refer to O.R. 6.3. Regional and Provincial net profits will be divided between the NBIAA, the host school and ANB. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

REGISTRATION PROCEDURES

1. Schools must submit online their NBIAA Track & Field Team Personnel List by May 15th.
2. No athlete may compete in the Regionals if their name is not on the NBIAA players' list. All athletes must compete in the Regionals to advance to the NBIAA Provincial Championships.
3. Schools must submit online their team's event entries for Regionals through the ANB link found on the NBIAA website before the deadline. All athletes must be registered with the NBIAA. There will be NO CHANGES made 24 hours after the event entries registration deadline.
4. Schools registering relay teams for the NBIAA Championship must submit participants names to the Meet Manager the morning of the meet.
5. Regional and Provincial Entry Fees will be set by the NBIAA.
6. Schools must bring a cheque to the meet, made out to the host school to cover their fees for the Regional and Provincial events.

PLEASE NOTE:

Athletes not competing in the NBIAA Championships may be suspended from participating in Track & Field in the next school year and the school may be fined \$20 per athlete to a maximum of \$200.

SCHEDULE (TRACK)

9:15 AM- Scratch/Information Meeting with coaches

- All events will proceed in the following order unless changes are noted (Jr. Girls / Jr. Boys / Sr. Girls / Sr. Boys).
- Para Events –Any physically challenged athletes requiring a wheelchair or modifications to competition are eligible for this category.
- IPC RULES AND REGULATIONS are being used for Para events.
- All Para events will run together (Jr./Sr. – Boys/Girls) unless number of participants warrants division.

9:45 AM - Start of Competition

3000m	Finals
300 m Hurdles (JG)	Timed Finals
400m Hurdles (SG)	Timed Finals
300 m Hurdles (JB)	Timed Finals
400m Hurdles (SB)	Timed Finals
100m	Timed Finals at Regionals
	Heats (semi-finals) at Provincials
100m Wheelchair	Timed Finals at Regional Meet
100m Visually Impaired with Guide	Timed Finals at Regional Meet
400m	Timed Finals
100m	Timed Finals at Provincials
100m Wheelchair	Timed Finals at Provincial Meet
100m Visually Impaired with Guide	Timed Finals at Provincial Meet
50 m Special Olympic	

LUNCH

1500m	Timed Finals
110m Hurdles (SB)	Timed Finals
100m Hurdles (JB)	Timed Finals
100m Hurdles (SG)	Timed Finals
80m Hurdles (JG)	Timed Finals
200m	Timed Finals
800m	Timed Finals
4 x 100m Relay	Timed Finals at Provincials
4 x 400m Relay	Timed Finals at Provincials

Regional and Provincial Field Schedule of Events

Top eight competitors MUST qualify for the Provincial Meet by meeting the following minimum measured qualifying distances for Field Events (Regional Meet):

Jr. and Sr. Girls:	Shot Put – 6 meters
	Javelin – 18 meters
	Discus – 15 meters
	Long Jump – 3.5 meters
	Triple Jump – 7 meters
	High Jump - 1.30 meters (Jr.) and 1.35 meters (Sr.)
Jr. and Sr. Boys:	Shot Put – 10 meters
	Javelin – 25 meters
	Discus – 21 meters
	Long Jump – 4.5 meters
	Triple Jump – 8 meters
	High Jump - 1.50 meters (Jr.) and 1.55 meters (Sr.)

Specific Rulings on above: The top eight (8) competitors must be measured and meet minimum qualifying distances to advance to the Provincial Meet.

SCHEDULE (FIELD)

9:45 AM - Start of Competition

Session	High Jump	Long Jump	Triple Jump	Shot Put	Discus	Javelin
#1	Jr. Girls	Sr. Boys	Jr. Girls	Jr. Boys		Sr. Girls
#2	Sr. Girls	Jr. Boys		Special Olympic	Sr. Boys	
#3			Sr. Girls	Jr. Girls	Jr. Boys	Sr. Boys
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
#4	Sr. Boys	Jr. Girls		Para Shot	Sr. Girls	Jr. Boys
#5	Jr. Boys		Sr. Boys	Sr. Girls	Jr. Girls	
#6		Sr. Girls	Jr. Boys	Sr. Boys		Jr. Girls

Appendix "A" Events Technical Reference Chart

Event	Junior Girls	Junior Boys	Senior Girls	Senior Boys
80m Hurdles	8 hurdles; Ht.: 0.762m; 12m to 1 st , 8m			
100m Hurdles		10 Hurdles; Ht.: 0.914m 13m to 1 st , 8.5m	10 Hurdles; Ht.: 0.838m 13m to 1 st , 8.5m	
110m Hurdles				10 Hurdles Ht.: 0.914m 13.72m to 1 st , 9.14m
300m Hurdles	7 Hurdles: Ht.: 0.76m 50m to 1 st , 35m	7 Hurdles: Ht.: 0.84m 50m to 1 st , 35m		
400m Hurdles			10 Hurdles: Ht.: 0.762m 45m to 1 st , 35m	10 Hurdles: Ht.: 0.838m 45m to 1 st , 35m
High Jump (Start Ht.)	1.25m	1.40m	1.30m	1.45m
Shot Put	3.0 Kg.	4.0 Kg.	4.0 Kg.	5 Kg.
Discus	1.0 Kg.	1.0 Kg.	1.0 Kg.	1.5 Kg.
Javelin	500 g.	700 g.	600 g.	800 g.

VOLLEYBALL (21.15)

Volleyball Canada Rules will be used unless special playing rules are put forth by the NBIAA. In this case the NBIAA rules will take precedence over any other rules.

NBIAA Modifications:

1. The Libero Player and the NBIAA 12 Man Substitution Rule* will be used.
2. Unlimited number of players may be recorded on the score sheet and there shall be no limit on the number of players dressed.
3. The Mikasa MVA200 is the Official Volleyball of the NBIAA and will be used for all NBIAA competitions.

***NBIAA 12 Man Substitution rule:** For NBIAA competitions, each team shall be allowed a maximum of 12 substitutions in any one set.

- a) There is no limit to the number of times a player may leave or re-enter the set as long as the maximum number of 12 substitutions is adhered to and as long as they leave or re-enter for the same player.
- b) Once you have a designated partner, that is the only player that you may leave or re-enter that set for. This may change between sets.
- c) These substitutions may occur at any point in the set as long as the play is stopped.
- d) All other substitution rules must be followed according to Volleyball Canada rules. These rules concern exceptional substitutions, substitutions for expulsion or disqualification, illegal substitutions, injury substitutions for the libero and non libero players and incomplete teams.

Special Provisions:

1. Number of Games Permitted - A senior team shall be limited to **36** matches (including all exhibition, controlled scrimmage, tournament and league play). All matches in the regionals and provincials shall not be counted in the 36 match limit. A junior team shall be limited to **30** matches (including all exhibition, controlled scrimmage, tournament and league play). All games in the regionals and provincials shall not be counted in the 30 match limit.
2. The net height for volleyball shall be as follows:
 - a) Junior Girls- 2.20 M
 - b) Senior Girls - 2.24 M
 - c) Senior Boys - 2.43 M
 - d) Junior Boys - 2.35 M
3. League play **MUST** take place at the conference or regional level in order to advance to Provincial Playoffs. League play is to be finished the weekend prior to regionals.
4. In Junior Regional Tournaments, where numbers permit (7 or more) consist of a round robin format with two divisions to be played on one day. The Regional host will be the #1 ranked team in their conference.

Junior Volleyball Regional		
Format with 7 teams (round robin with cross over)		
Saturday	COURT 1	COURT 2
9:00 AM	1 vs 4	2 vs 3
10:15 AM	5 vs 7	2 vs 4
11:30 AM	1 vs 3	6 vs 7
12:45 PM	1 vs 2	5 vs 6
2:00 PM	3 vs 4	
3:15 PM	#1A vs #2B	#1B vs #2A
4: 45 PM	Winners of 3:15 games	Losers of 3:15 games

Junior Volleyball Regional		
Format with 8 teams (round robin with cross over)		
Saturday	COURT 1	COURT 2
9:00 AM	1 vs 4	2 vs 3
10:15 AM	5 vs 8	6 vs 7
11:30 AM	1 vs 3	2 vs 4
12:45 PM	5 vs 7	6 vs 8
2:00 PM	1 vs 2	3 vs 4
3:15 PM	5 vs 6	7 vs 8
4:30 PM	#1A vs #1B	#2A vs #2B

First place in each division play each other for 1st & 2nd seed. Second place of each division will play for third & fourth seed.

Senior Volleyball Regional - Format with 8 teams		
Saturday	COURT 1	COURT 2
Game 1 - 9:00 AM	1 vs 4	2 vs 3
Game 2- 10:15 AM	5 vs 8	6 vs 7
Game 3 - 11:30 AM	1 vs 3	2 vs 4
Game 4 - 12:45 PM	5 vs 7	6 vs 8
Game 5 - 2:00 PM	1 vs 2	5 vs 6
Game 6 - 3:15 PM	3 vs 4	7 vs 8
Game 7 - 5:00 PM	#1A vs #2B	#1B vs #2A
Game 8 - 6:45 PM	Winners of game 7	

Please Note: The make-up of Pools.

These tournaments will be numbered based on the following host conference:

Regional hosted in the North		Regional hosted in the East	
Pool A	Pool B	Pool A	Pool B
1. #1 North	5. #1 East	1. #1 East	5. #1 North
2. #2 East	6. #2 North	2. #2 North	6. #2 East
3. #3 North	7. #3 East	3. #3 East	7. #3 North
4. #4 East	8. #4 North	4. #4 North	8. #4 East

Regional hosted in the South		Regional hosted in the West	
Pool A	Pool B	Pool A	Pool B
1. #1 South	5. #1 West	1. #1 West	5. #1 South
2. #2 West	6. #2 South	2. #2 South	6. #2 West
3. #3 South	7. #3 West	3. #3 West	7. #3 South
4. #4 West	8. #4 South	4. #4 South	8. #4 West

Senior Volleyball Regional - Format with 7 teams		
Pool A: 1. #1 Host, 2. #2 Guest, 3. #3 Host, 4. #4 Guest		
Pool B: 5. #1 Guest, 6. #2 Host, 7. #3 Guest		
Saturday	COURT 1	COURT 2
Game 1 - 9:00 AM	1 vs 4	2 vs 3
Game 2- 10:15 AM	5 vs 7	2 vs 4
Game 3 - 11:30 AM	1 vs 3	6 vs 7
Game 4 - 12:45 PM	1 vs 2	5 vs 6
Game 5 - 2:00 PM	3 vs 4	
Game 6 - 3:15 PM	#1A vs #2B	#1B vs #2A
Game 7 - 5:00 PM	winners vs. winner (for 1st and 2nd seed)	

5. In Regional Tournaments where there are less than 7 teams, seeding will be determined *by the following schedule:*

Volleyball Regional - Format with 6 teams		
Saturday	COURT 1	COURT 2
Game 1 - 10:00 AM	1 vs 3	4 vs 6
Game 2- 11:15 AM	2 vs 3	5 vs 6
Game 3 - 12:30 PM	1 vs 2	4 vs 5
Game 4 - 2:00 PM	#1A vs #2B	#1B vs #2A
Game 5 - 3:45 PM	winner vs. winner (for 1st and 2nd seed)	

6. Junior Volleyball Provincial Championships will be held on the first Friday and Saturday of May. All Junior Provincial Volleyball Tournaments will consist of **8** teams.

Pools are determined based on regional standings. Semi-Final play begins at 1:00 P.M. Championship match begins at approximately 3:00 P.M.

Junior Provincials involving 8 teams:	
Pool A	Pool B
1. #1 Host Region	5. #1 Guest Region
2. #2 Guest Region	6. #2 Host Region
3. #3 Host Region	7. #3 Guest Region
4. #4 Guest Region	8. #4 Host Region

VOLLEYBALL

Junior Volleyball Provincials		
Format with 8 teams over two days		
Friday & Saturday	COURT 1	COURT 2
4:00 PM	1 vs 4	2 vs 3
5:15 PM	5 vs 8	6 vs 7
6:30 PM	1 vs 3	2 vs 4
7:45 PM	5 vs 7	6 vs 8
10:00 AM	1 vs 2	5 vs 6
11:15 AM	3 vs 4	7 vs 8
1:00 PM	1A vs 2B	1B vs 2A
3:00 PM	Championship Game	

- Senior Volleyball Provincials will be held on the third week of May.
- All Matches are Best of Three for Junior & Senior Regionals & Junior Provincials and Best of Five for Senior Provincial Showcase.**
- Any changes to the tournament formats must be approved by the Executive Director.
- All Regionals and Provincial Championships must charge admission fees, please refer to O.R. 6.3.
- Teams must have a minimum of six (6) players to compete in competition, but the NBIAA strongly recommends competing with eight (8) or more players.
- Ejections:** *Each conference shall keep track of red and yellow cards. A player who receives 3 red cards will be suspended for an additional game (i.e. two game suspension). A player receiving a 4th red card will be suspended for the balance of the season. A player receiving 4 yellow cards will receive a 1 game suspension; 5th yellow card a 2 game suspension, a 6th yellow card suspended for the balance of the season. All coaches are to report names of players who receive "red cards" or a series of "yellow" cards to their school's principal and NBIAA Conference President.* Players and coaches ejected from a match shall be suspended from the remainder of the match and the next scheduled match (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach(es) is suspended from the next scheduled game, excluding exhibition games.
- Financial: The host school will divide net profits as follows: 10% to the NBIAA, 30% to the host school and 60% to all participating schools. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

WRESTLING (21.16)

WRESTLING

The UWW (United World Wrestling) rules with WCL (Wrestling Canada Lutte) modifications will be used unless special playing rules are put forth by the NBIAA, in this case the NBIAA rules will take precedence over any other rules.

Special Provisions:

- Headgear is permissible and recommended provided the surface is not abrasive and it is not used deliberately against an opponent's head.
- No amplitude points will be awarded (one, two and four point moves only).
- Double disqualification is possible for misconduct.

Rules and Regulations:

- Competition will be in three categories – Senior Boys, Junior Boys and Girls and all games will be of the same duration. NBIAA Junior registered athletes must compete as Juniors and cannot compete in the Senior category.
- The following weight categories will be used for the Provincial Championship Meet:
Girls: 47 kg., 51, 55, 60, 66, 74, 83, 91, HWT
Junior Boys: 47 kg., 51, 56, 61, 67, 74, 83, 91, 110, HWT
Senior Boys: 50 kg., 54, 58, 63, 68, 75, 82, 91, 105, 125, HWT
- A school is allowed unlimited entries in each weight category.
- When only two wrestlers are in a weight class, a best two out of three will determine the winner.
- The 'one second pin' rule will be used.
- Each athlete must participate in two (2) Open NBIAA Tournaments to qualify for the NBIAA Championship.
- There will be an official team weight-in for each wrestler at their first competition of the season. If a player decides to move down a weight class they must reweigh in at that tournament.
- Competitions throughout the season will have a weigh-in allowance of 5% of the NBIAA weights and will follow the red dot rule. All athletes will weigh in at the first tournament of the year and a list will be created with each wrestler and an assigned number. New athletes can be weighed in once they attend their first tournament and they will be added to the list and assigned the next number. Five random numbers will be generated at each tournament and those athletes will be red dot weighed. Any athlete who is over 5% of their weight class will not be able to compete in that weight class and the whole team will be weighed. The athlete still has the opportunity to be weighed in again at the next tournament to try to make the lower weight class.

9. Medical: Coaches who had athletes participate in only one (1) tournament because of injury, may apply to the NBIAA for permission to have the athlete (now healthy) declared eligible to participate. It is recommended that medical personnel be available on site for all NBIAA sanctioned events. If a team chooses to not participate in two open NBIAA sanctioned tournaments during the season, then they cannot have an athlete use the injury provision.
10. Weather / transportation provision: Schools may apply to the NBIAA for special consideration if the weather prevents athletes from participating in two (2) Open NBIAA Tournaments. If a team chooses to not participate in two open NBIAA tournaments during the season, then they cannot have an athlete use the weather provision.
11. The NBIAA Championships will be held on Saturday, the second full weekend before March Break.
12. The start time of the Provincial Championships is 9:00 A.M.
13. Tournament Structure and Procedure:
- The NBIAA Championships will be run in a bracket style format in weight classes that have 6 or more competitors. Five or less competitors will be run in a round robin format.
 - Weigh-ins shall be conducted between 7:00 P.M. and 7:30 P.M. the night prior to the Championships. Flexible weigh-in time, based on location, will be allowed. A minimum of 2 digital scales must be provided for the weigh-ins.
 - It is recommended that four mats be used for the championship, but it is possible to use as few as three.
 - The start order for team's weigh in will be conducted through a random draw by the head official and the order will proceed alphabetically based on the schools present.
 - Weigh in sheets are to be forwarded to the NBIAA Wrestling Coaches' Chair at the conclusion of the draw.
 - Tournament hosts must send an accompanying no show roster report with the weigh-in sheets to the NBIAA Wrestling Chair at the conclusion of the tournament.
 - All NBIAA event results must be forwarded to the NBIAA Chair within 48 hours and they will be released to media outlets via the chair within 24 hours.
14. Officials
The officials for the tournament shall be secured by the convener in consultation with the Head Official for New Brunswick. One to four officials may conduct a wrestling match.
15. Scoring
Team scoring shall be as follows: Place Points 10-7-5- 3-2-1 for the first six places. There will be a correction factor. (as set out by the WCL)

ARTICLE 34 of the WCL rule correction factor;

5 = 9-6-4-2-1

4 = 7-5-3-1

3 = 5-3-2

2 = 4-2

1 = 3

16. Seeding

Junior boys should be seeded in the following order:

- Champion – if two or more returning champions – winner from the heaviest weight class is seeded above lighter champions in order.
- Returning silver medalists – if two or more returning medalists – the medalist from the heaviest weight class is seeded above lighter medalists in order.
- Returning bronze medalists – if two or more returning medalists – the medalist from the heaviest weight class is seeded above lighter medalists in order.

Girls seeding will be done similar to the junior boys.

Senior boys

Returning gold medalist from senior division – higher weight being seeded higher followed by:

- senior silver – higher weight being seeded higher
- senior bronze – higher weight being seeded higher
- junior gold - higher weight being seeded higher
- junior silver - higher weight being seeded higher
- junior bronze - higher weight being seeded higher

17. Clothing - Wrestlers dress shall consist of two options – a UWN style wrestling singlet or shorts and a t-shirt, with the t-shirt tucked in. Athletes must change in designated changing room.

18. Entry Fee:

An Entry Fee of \$12 per wrestler shall be charged to cover the cost of the officials and equipment if needed, for the NBIAA Championships.

19. All other NBIAA rules and regulations pertaining to Provincial Championships will be followed.

20. Financial: The Provincial Championships must charge admission fees, please refer to O.R. 6.3. Provincial Net profits will be divided as follows: 30% to NBIAA and 70% to the host school. The Financial Report form and the NBIAA rebate must be sent to the NBIAA office within 30 days of the event. Failure to do so, the host school will no longer be in good standing and may face possible suspension.

21. Digital scales and visible score clocks must be used for Provincial Championships.

22. Weight Loss Policy:

The NBIAA opposes excessive weight loss. Excessive weight loss places athletics at risk both physically and from the standpoint of enjoyment of participation. For the purposes of weight loss, the coach is deemed to be responsible for the weight loss practices of his/her athletes. Coaches are asked to monitor their athletes' weight and overall physical condition on a regular basis.

Extreme measures of weight loss include:

- i. The use of diuretics and other medications.
- ii. The use of saunas.
- iii The use of rubber suits or other vapour impermeable clothing, as well as the use of excessive clothing.

Enforcement is the responsibility of the event convenor. Violation will result in disqualification from the event.

Ejections

All names of players and coaches ejected must be reported to school principal. Players and coaches ejected from a game shall be suspended from the remainder of the game and the next scheduled game (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach(es) is suspended from the next scheduled game, excluding exhibition games.