## "BE A FAN, NOT A FANATIC"

Resources for New Brunswick Sport Organizations Managing Parental Behaviour

The Network for Safe Sport and Recreation in New Brunswick is a non-authoritative collective developed in partnership between Coach NB and the Department of Tourism, Heritage and Culture (Sport & Recreation Branch). The Network acts as a mechanism for knowledge exchange and collaboration among sport and recreation partners. The Network concentrates their efforts in ethics in sport, and concussions in sport & recreation.

For more information: Manon Ouellette manon@coachnb.ca



#### RECOGNIZING THE PARENT SEAT

Organizations can share this video from the National Federation of State High Schools which outlines 10 suggestions for parents on how to manage their emotions while sitting in the "Parent Seat" (Click Here)

#### BE A FAN, NOT A FANATIC

A follow-up to the NBIAA slogan from a veteran basketball referee on the state of parental behaviour at youth basketball games in New Brunswick.

(Click Here)





#### MEET THE GROUP

A video clip from Sport Nova Scotia with a focus on the importance of allowing children and youth to be multi-sport athletes.

(Click Here)

### "RELAX, IT'S JUST A GAME"

Hockey Canada's 2002 "Relax It's Just A Game" campaign is still relevant in 2020. All 5 clips can be found on the Hockey Canada YouTube channel.

(Click Here)





#### RESPECT IN SPORT PARENT PROGRAM

The Respect Group offers a fee-for-service program directed at Respect in Sport for Parents. The program helps define a standard of behaviour for parents and aims to create a safer environment for all. (Click Here)

# LONG-TERM ATHLETE DEVELOPMENT PARENTS' GUIDE

This guide will help parents better understand the LTAD program and how to best support their child.



