

# Compétition de x-country à MFR / Cross Country competition at MFR



**When:** Sunday September 8<sup>th</sup> 2024

**Where:** Behind MFR school 49 rue du Collège, Saint-Louis-de-Kent, NB E4X 1C2

**Registration fees:** 5\$/athlete on site

**Categories and distances:** (age on December 31st 2024)

U6 (1-5 years old) → 500m  
U8 (6-7 years old) → 1000m  
U10 (8-9 years old) → 1500m  
U12 (10-11 years old) → 2000m  
U14 (12-13 years old) → 3000m  
NBIAA Junior → 4000m  
NBIAA Senior → 4000m  
Family relay (2-4 runners) total of 500m

\*\*\* Top 3 will receive a medal and an apple will be given to each participant. All profits will be given to the MFR school sports committee.

## **Schedule:**

8h30 à 9h00	Registration (behind the school)
9h00 à 9h30	Course walk
9h30	Start of the 1 <sup>st</sup> race

\*\* Spectators will be asked to stay in designated area during the race\*\*

## **For more information:**

Brigitte Daigle 87-3400 [brigitte.daigle@nbed.nb.ca](mailto:brigitte.daigle@nbed.nb.ca)  
Rachel Jaillet 876-3400 [rachel.jaillet@nbed.nb.ca](mailto:rachel.jaillet@nbed.nb.ca)

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